



LORI HANSON
High Performance Strategies for *Serious* Success

Lori Hanson

Keynote Speaker, Performance Coach, Author

Lori Hanson spent thirty years climbing the ladder in Corporate America, and although she enjoyed financial success and loyal clients, it was never enough. When health issues led to a new journey that brought healing from bulimia and the addictive behaviors she used to numb out, she wrote her first book. Then she left corporate to pursue her passion of being a motivational speaker.

Lori Hanson
Keynote Speaker

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Keynote Speaker

Lori is a nationally known leader speaks for women's conferences, corporations, wellness events, retreats, and management meetings. She is dynamic, entertaining and leaves a lasting impression on audience members. Her love for animals and commitment to a healthy mindset and holistic nutrition make her unique. She speaks for women's conferences, corporations, wellness events, management retreats and sales meetings. She tackles the "guilt trip" topics and makes it easier to laugh at life and feel gratitude for where you're at.

Performance Coach

A Performance Coach for female executives and business owners, she founded Learn2Balance and inspires women through her transformational coaching programs and women's retreats. Much more than a life or business coach, Lori integrates holistic nutrition and healthy mindset to build the foundation for success. Clients learn to unclutter their lives, improve their voice and GET what they want.

Award-Winning Author

The author of five books including *Stress Survival Kit for the Alpha Female*, and a media favorite, Lori has appeared on radio and television programs internationally and has been featured in *Essence*, *New Living Magazine*, *Wellness Women 40 and Beyond* and monthly newspaper columns and more to bring awareness to the risks of overloaded living. She offers strategies to be successful, reach your biggest dreams *and* be happy.

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