



LORI HANSON  
High Performance Strategies for *Serious* Success



## Speaker Intro

We invited Performance Coach Lori Hanson to speak today because she knows *personally* what it takes to breakthrough self-limiting beliefs and sabotage; how to find clarity, build confidence and turn your dreams into realities.

Lori is on a **MISSION**: to help people breakthrough barriers, experience amazing transformation and turn their dreams into realities. She is passionate about self-development and it will inspire you when you hear her speak, attend her events or coach with her.

A "Type A" workaholic, she used bulimia and alcohol to numb out to stress for over 30 years...but she knew there had to be more to life. Lori began studying diet, nutrition and human behavior in the 80s as an amateur body-builder.

She founded Learn2Balance to inspire business women and men through her keynote speeches, Performance Coaching, mastermind groups, women's retreat and success seminars. A **Canfield Certified Success Principles Trainer**, Lori is much more than a life or business coach, she integrates holistic nutrition and healthy mindset as the foundation for success and living a MAGNIFICENT life.

The award-winning author of *five* books, Lori has appeared on international radio and TV, she's been featured in national magazines and monthly newspapers columns. Her latest book, ***Stress Survival Kit for the Alpha Female*** empowers women to be confident, authentic leaders.

Lori's books are available for purchase today. She would love to meet and autograph her books for you after the program.

**Let's give a warm welcome to our special guest,  
Lori Hanson!**

## Would your life be different if you...

-Took 100% responsibility for your life?

-Led your pack with more confidence?

-Were comfortable to be truly authentic?

-Allowed yourself to create flow and balance with work and life?

-Had confidence to pursue **ALL** your dreams?

## Lori shows you how!

Learn more:  
[SpeakerLoriHanson.com](http://SpeakerLoriHanson.com)



Mindset • Nutrition • Strategy